

# the Resource



MENTAL HEALTH & RECOVERY BOARD OF PORTAGE COUNTY

*A publication to increase awareness of mental health and substance use disorder issues in our community.*

Welcome to our May 2019 edition of the Resource e-newsletter. Please feel free to share with your friends and colleagues.

## Bringing Hope, Bringing Help, Thank you!



We are celebrating Ohio Week of Appreciation to thank all of those who spend their days working tirelessly to help save lives fighting the drug epidemic.

This includes our first responders, mental health & addiction counselors, case managers, medical professionals, probation officers, teachers, and clergy members.

- Being on the front lines
- Fighting the opioid epidemic
- Using naloxone to save lives
- Providing jobs for people in recovery
- Reuniting families impacted by addiction
- Helping people reach treatment
- Community collaboration
- Increasing recovery housing
- Providing medication-assisted treatment
- Supporting people in recovery
- Providing spiritual guidance

## Family Conference on Addiction Saturday, May 4

Loved ones of those struggling with substance use disorders, individuals in recovery, and other concerned community members are invited to join us at the Family Conference on Addiction on Saturday, May 4, 9:00am-12:00pm at the Auditorium at NEOMED located at 4209 OH-44, Rootstown.

Attendees will learn about: mental health, prevention education, medication-assisted treatment, peer recovery, Project DAWN (naloxone kits for Portage residents), support, and resources.

The event is free & open to the public, registration required and is being hosted by the Mental Health & Recovery Board, Portage County Health District, and OhioCAN of Portage County. Register at [www.mental-health-recovery.org](http://www.mental-health-recovery.org) or call 330.673.1756

## Recovery Outreach in Portage County

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The Mental Health & Recovery Board of Portage County hosted an event for the city, village, and township leaders to learn more about the Recovery Outreach program.

Dan Meloy, founder of QRT National, shared his experience engaging communities in saving lives after overdoses. Recovery Outreach provides first responders the "opportunity to give families something called hope," he stated. Other speakers included Christopher Mundorf, Portage Health

District, Jim Bucks, Streetsboro Fire, and Bridget Stuntz, Townhall II.

Communities in Portage County that are interested in learning more about this program or to make a referral, contact Bridget at 330.842.4800.

*Pictured: Dan Meloy, QRT National; Bridget Stuntz, Townhall II, Jim Bucks, Streetsboro Fire Department, and John Garrity, Mental Health & Recovery Board.*

## Crisis Training for School Personnel June 17-21

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The Crisis Intervention Team Education Collaboration is a proactive, 5-day program for school personnel designed to increase awareness of mental health issues and develop crisis management skills. New this year -- attendees will be trained and certified in Mental Health First Aid.

Cost is \$25 for those working in Portage County, \$150 for out-of-county school employees  
Two graduate credits are available for \$300. Call 330.673.1756 or register online [www.mental-health-recovery.org](http://www.mental-health-recovery.org)

## May is Mental Health Month

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Mental health is essential to everyone's overall health and well-being. Mental health disorders are common and treatable, but often people feel isolated and unable to talk about what they're going through. Start the conversation with your friends and family, and tell them about this free, anonymous screening resource on our website:

<http://screening.mentalhealthscreening.org/portagecounty>

# FAMILY CONFERENCE ON ADDICTION



Saturday, May 4  
9:00am-12:00pm

Auditorium  
NEOMED  
4209 OH-44  
Rootstown, OH

Learn about:

- Prevention Education
- Mental Health
- Medication Assisted Treatment
- Harm Reduction
- Peer Recovery Support
- Project DAWN (overdose education & nalaxone kits)
- Area Supports & Resources



Free & Open  
to the Public

Register at  
[www.mental-health-recovery.org](http://www.mental-health-recovery.org)  
or call 330.673.1756 ext 201

Minimum of 25 registrants needed to hold the conference.

# Steps of Change

Transforming PAIN into Purpose

May 18th, 2019  
11:30 - 3:30

**ART CAN**  
Change Addiction Now Display

Community Resources,  
Children's Games and  
Activities, Face Painting,  
Food, Music, Shoe  
Memorial, Narcan Training,  
and Raffle Baskets.

[corelink.org](http://corelink.org)

Portage Community Chapel  
6490 State Route 14  
Ravenna

## OPIOID RECOVERY CLINIC

at Townhall II



Medication-Assisted Treatment,  
Counseling, and Support  
all in one location!

Call 330.678.3006  
to schedule your appointment

- Evaluation and treatment for substance use disorder on an outpatient basis
- Opioid treatment utilizing approved medications
- Professional staff includes a doctor, nurse, and support staff
- Medicaid and insurance accepted. Some services are on a sliding fee scale



155 N Water Street, Kent  
In Crisis? Call our 24/7 Helpline  
330.678.HELP



Registration Open!

## 12<sup>th</sup> Annual Crisis Intervention Team Education Collaboration

June 17-21, 2019  
8am-4pm  
Streetsboro Police Department  
2080 St. Rt 303

Crisis Intervention Team Education Collaboration is a proactive, five day program for school personnel designed to increase awareness of mental health issues and develop crisis management skills. Includes Youth Mental Health First Aid training course & certificate.

**\$25** for those working in Portage County  
**\$150** for out-of-county school employees/residents

Two Graduate Credit hours are available for \$300

Topics Include:  
Handling Crises with Kids, Substance Use Disorder, De-escalation Principles, Autism, Human Trafficking, Depression & Suicide Prevention, Child Abuse, Trauma, Street Drugs, Domestic Violence, & More!

Registration deadline is June 7. Maximum of 30 participants. Registration by mail or online at [www.mental-health-recovery.org/citec](http://www.mental-health-recovery.org/citec) or mail check to MHRB, PO Box 743, Kent, OH 44240.

Name: \_\_\_\_\_  
District: \_\_\_\_\_  
Position: \_\_\_\_\_  
Home Address: \_\_\_\_\_  
Home/Cell phone: \_\_\_\_\_  
Home Email: \_\_\_\_\_

Would you like to receive 2 graduate credit hours? If yes, check either:  Ashland University  Kent State University  
We will provide the link to register for graduate credits after receiving your registration for the training.

Open to all school staff:

- Teachers
- Guidance
- Administration
- Bus Drivers
- Custodial
- Secretarial
- Cafeteria

Mental Health & Recovery Board  
OF PORTAGE COUNTY

For more information, contact Laura  
at 330.673.1756 x 201 or  
[laurab@mental-health-recovery.org](mailto:laurab@mental-health-recovery.org)