

2018 ANNUAL REPORT



The Board welcomed new Executive Director John Garrity, PhD (center) pictured with Board Chair William Nome and Vice Chair Iris Meltzer.



Through a partnership with Kent State's Wick Poetry Center, expressive writing workshops began at Coleman Professional Services Options program and at the Portage Area Recovery Center providing a creative outlet for those in recovery.



U.S. Senator Rob Portman (R-OH) participated in an opioid roundtable discussion in Portage County in August 2018 with panelists from the Mental Health & Recovery Board and area agencies.



The Board received a grant from the Ohio Department of Mental Health and Addiction Services to fund detoxification services for treatment of patients with opioid use disorder at University Hospitals Portage Medical Center. Another grant was awarded which allowed the Board to establish medication-assisted treatment and peer recovery support specialists.

DIRECTOR'S DESK

It is an honor to have been selected to be the new Executive Director of the Mental Health & Recovery Board of Portage County. During the past eight months I have been so impressed with the dedication, quality of work, and level of collaboration across our many system partners. Our Board and provider agencies work closely with all the school districts, institutions of higher education, the local health departments, local hospital and primary care health providers, developmental disability services, police and fire, courts, children's services, early childhood services, coalitions for suicide and substance abuse prevention, family and community advocates, elected officials, and housing and vocational service providers.

I especially want to thank the residents of Portage County for their strong support of our Board levy in November 2018 that provides the critical funds to address mental health problems and substance use disorders. Since our local levies fund almost 70% of our budget, this community support is essential in maintaining our comprehensive array of services in the County for our residents of all ages.

The mission of the Mental Health & Recovery Board of Portage County is to develop, manage and sustain a community-driven system of behavioral health treatment, prevention and recovery services. To achieve our mission, the Board provides services across a comprehensive continuum of care for our County residents with mental health and addiction issues. This includes 24-hour crisis screening and hot line, treatment services such as counseling, case management, and medication, support services such as housing, vocational and peer recovery support, and prevention services such as education in schools and the Portage community about mental health, drugs and alcohol, and stigma. These services are primarily provided by our four main contract agencies: Children's Advantage, Coleman Professional Services, Family & Community Services, and Townhall II.

I would like to share with you my vision of the future for the residents of Portage County over the course of the next several years:

- Educate all our residents to better understand mental illness and addiction and be able to spot warning signs and know where to turn for help.
- Eliminate Stigma so that all residents can seek the treatment they may need for mental illness or addiction.
- Help give every child the opportunity for a good start in life by providing prevention and counseling services in the schools that reaches every child that needs them.
- Achieve a fully funded system of care that can provide mental health and addiction prevention, crisis, and treatment services on demand when needed.
- Help our residents who suffer from mental illness and addiction achieve lives of recovery, purpose and fulfillment.
- Train all Law Enforcement Officers in Crisis Intervention Team (CIT).
- Establish Recovery Outreach teams with all our Police and Fire departments.
- Operate as stewards of public funding responsive to community needs, encouraging evidence-based practices that are cost effective and clinically proven.
- Attract a future workforce of highly talented, dedicated clinicians.
- Work together to create a strong and healthy workforce of people in recovery with opportunities that lead to healthy, prosperous communities.

We should never give up on anyone who struggles with addiction or mental illness.

John Garrity, PhD, Executive Director

HELPING PORTAGE CHILDREN & ADULTS

461 children and teens received treatment for trauma, emotional problems, mental illness and substance use disorders.

2,016 adults received treatment for trauma, emotional problems, mental illness and substance use disorders.

25,995 contacts with people through the 24-HR crisis calls, information and referral calls, incidents of walk-in counseling, crisis outreach and screening for hospitalization.

309 admissions through the Coleman Crisis Stabilization Unit.

6,628 youth and adults participated in prevention education programs.

684 students identified at risk and screened in all Portage County School Districts through a program funded by the Board. 37% were identified as having mental health issues requiring therapy and/or psychiatry services.

BOARD OF DIRECTORS

Chairman

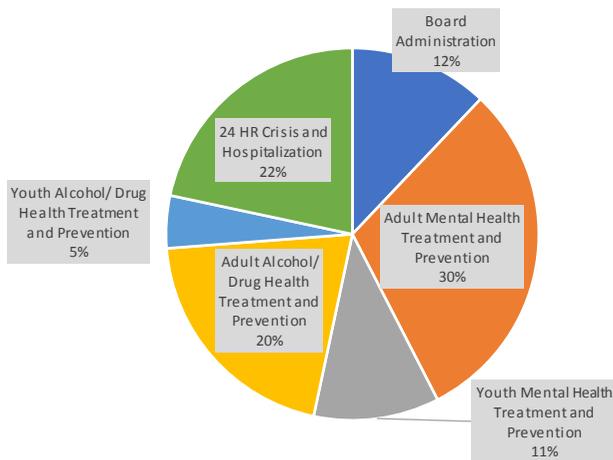
William Nome

Vice Chairman

Iris J. Melzer

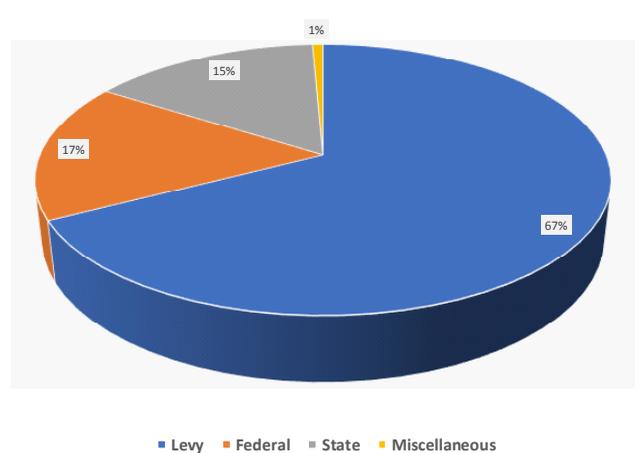
Albert Barber
Denise DePerro
Harold Farrier
JoAnn Frick
Janice Hambleton
Maureen Keating
Audrey Cielinski Kessler
Jeff Langstaff
Laura Mann
Charles D. Moore
Jacquie Peoples Dukes
Emily Schmidlin
Jennifer Schumm
Jamie Sitko
Scott Swan

Total Expenditures for FY 2018 = \$6,636,950



Revenue Sources for FY 2018

Total Revenue = \$7,003,426



NETWORK OF AGENCIES:

Children's Advantage • Coleman Professional Services
Family & Community Services • Townhall II

www.mental-health-recovery.org • 330.673.1756 • 155 E. Main St. PO Box 743, Kent, OH 44240



Officers John Pettit of the Brimfield Police and Anne Spahr of the Kent State University Police Department were recognized as Crisis Intervention Team (CIT) Officers of the Year by the Board and the Portage County Police Chiefs Association.



Over 75 people attended the Substance Abuse Community Coalition's family conference on addiction to learn about the Portage County drug court, brain disease of addiction, pathways to treatment, secondary trauma and self-care, supporting loved ones, and recovery.



Joel Mowrey, PhD, retired as MHRB Executive Director in 2018. The Board provides professional development trainings for our school districts along with community presentations.