

the Resource

A publication to increase awareness of mental health and substance use disorder issues in our community.

Janice Hambleton and Scott Swan Join Mental Health & Recovery Board

The Mental Health & Recovery Board of Portage County welcomed Janice Hambleton and Scott Swan to the Board in July. They were both appointed by the Ohio Department of Mental Health and Addiction Services for a four year term.

Hambleton is retired from working over 30 years in the healthcare field including 18 years at Robinson Memorial Hospital in various positions including the Health Information Management Director and 13 years as the Performance Improvement Analyst at Heartland Behavioral Healthcare .

She and her husband Jerry reside in Brimfield and have two grown daughters and four grandchildren.

"My father died by suicide many years ago. At the time, there was great stigma attached and no services were available to help me and my family get through it," said Hambleton. "I understand how much mental health services are needed and see serving on the Board as my opportunity to give something back to my community."



Janice Hambleton

Swan has spent the last 25 years working in college administration serving in various roles and is currently with Kent State University.

He is a Township Trustee for Franklin Township and serves on the Twinsburg Chamber of Commerce Board. He lives in Kent with his wife Janice, who is the principal at Longcoy Elementary School in Kent and their three children.

Swan has been in recovery for the last 27 years. "I'm grateful for the people in recovery who have showed me the way to a better life. Recovery has given me an opportunity to enjoy life and help others," said Swan. "I support educational programs that fight the stigma associated with mental illness & addiction. This lack of understanding often gets in the way of people seeking help & inhibits people from helping those who need."

Music Fest Sunday!

A music festival featuring CiPriano Productions, the NEW Open Road Band, and "Arrival" (Journey tribute band) will be held on Sunday, August 28 from 5-9pm. OhioCAN will hold a candle lighting ceremony in honor of International Overdose Awareness Day. Tickets are \$10, and proceeds will benefit the Root House, an adult male residential treatment facility. The event, sponsored by Family & Community Services and Valerie Root and Family, will be held, weather permitting, at 705 Oakwood Street in Ravenna.



Opiate Conference Set for October



Join us October 13 for a conference "Raising Awareness & Addressing the Opioid Epidemic in Portage County." It is being held with the Ohio Attorney General's Office and hosted by the Mental Health & Recovery Board of Portage County and the Portage County Health District. Topics will include medication assisted treatment, human trafficking, and the county's community health improvement plan.

The event is free, but registration is required. Contact Karyn Hall at 330.673.1756 ext 207 for more information. To register, email Veronica at Veronica.Scherbauer@ohioattorneygeneral.gov

Upcoming Events:

Root House Recovery Music Fest
Aug 28, 5pm, 705 Oakwood St, Ravenna

Community Awareness: Heroin & Opioid Epidemic
Aug 31, 6:30pm, Crestwood Intermediate School, Mantua

Mental Health & Recovery Board Meeting
Sept 12, 6:30pm, Mental Health & Recovery Board

NAMI Walk for Recovery
Sept 24, 10am, United Church of Christ, Kent

Mental Health & Recovery Board
of Portage County
155 E. Main Street, Kent, OH 44240
330.673-1756



Crisis Intervention Team Training for School Personnel

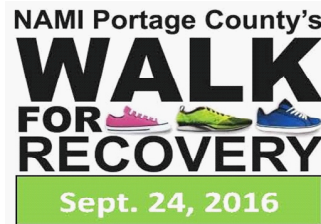
Crisis situations happen in a blink of an eye. In a school setting, children and youth are relying on school personnel to keep them safe. All school staff members need to be prepared to handle situations - including incidents involving mental health.

Graduates of this year's Crisis Intervention Team training for educators pictured with facilitators (from left): Joel Mowrey, Mental Health & Recovery Board, Jennifer Flecksteiner, Waterloo Schools; Tara Warner, Waterloo Schools; Jenell Calvin, Maplewood Career Center; Linda Roberts, Plain Local Schools; Andrea Morgan, Ravenna City Schools; Kaylee Lohr-Curtis, Ravenna City Schools; Janet Barth, Barberton City Schools; Carrie Suvada, CITEC Coordinator.



Register to participate in 5th Annual Walk for Recovery

Name: _____
Address: _____
City: _____
Phone: _____
E-mail: _____
Team name: _____
Team Captain: _____
Team Captain Phone: _____
Team Captain email: _____



Make all Checks Payable to NAMI Portage County

Ask your co-workers, family, and friends to sponsor you for the walk. Collect pledges prior to the walk. Turn in collected pledges to your Team Captain prior to walk day registration, which begins at 9:30 AM at the United Church of Christ in Kent. Collect pledges in advance. Turn in pledges to Team Captain with sponsorship forms. Walkers are encouraged to convert all cash to a check or money order. Cancelled checks serve as tax deductible receipts.

For additional information call your team Captain or Roger Cram, President, at 330-569-4912 or email rfcram@aol.com.

Northern Portage Awareness Events

The Mental Health & Recovery Board along with the Portage County Health District and Start Talking Portage have teamed up together to bring opiate and heroin awareness events to the Northern Portage communities this fall.

Drug overdose deaths have increased rapidly across the nation and here in Portage County, becoming a major public health issue.

Topics discussed at the sessions will include:

- Drug Overdose Crisis
- The Addiction Process
- Resources in Portage County
- Project DAWN

Attendees will be able to receive a free naloxone overdose response kit through Project DAWN.

Naloxone (Narcan) is a medication that can reverse an overdose caused by an opioid drug.

Wednesday, August 31
6:30pm-8:30pm
Crestwood Intermediate School
11260 Bowen Rd, Mantua

Saturday, September 24
10am-Noon
Hiram's Rosser Municipal Building
11617 Garfield Rd, Hiram

Saturday, October 22
10am-noon
Shalersville Town Hall
9090 State Rte 44, Shalersville

All events are free and open to the public and are handicap accessible.

NETWORK OF CARE FOR ALL GENERATIONS!

Children's Advantage
Coleman Professional Services
Family & Community Services
Townhall II

Take a free online mental health screening
www.mental-health-recovery.org