

2017

ANNUAL REPORT



PREVENTION & TREATMENT
for Healthy Minds

DIRECTOR'S DESK

The mission of the Mental Health & Recovery Board of Portage County is to develop, manage and sustain a community-driven system of behavioral health treatment, prevention, and recovery services. To achieve our mission, the Board provides services across a comprehensive continuum of care for our County residents with mental health and addiction issues for crisis, treatment, support, and prevention. These services – including 24-hour crisis hotline, counseling, case management, residential treatment, housing, education in schools and community – are primarily provided by four agencies: Children's Advantage, Townhall II, Family & Community Services, and Coleman Professional Services.

Individuals of all ages and families experiencing mental health and addiction issues require a full range of supports and services. Our Board and agencies work to ensure that services are integrated within our collaborative network of Portage County organizations - public school districts, institutions of higher education, the local health departments, local hospital and other primary care health providers, developmental disability services, law enforcement, children's services, coalitions for suicide and substance abuse prevention, family and community advocates, elected officials, housing and vocational services, and other community organizations.

Mindful of taxpayer dollars, our 18-member citizen's Board engaged in strategic planning this past year to examine mental health and addiction needs and determine priorities for services and funding. We clearly recognize that the demand for mental health and addiction services has dramatically grown in the past several years, particularly affected by the drug/opiate epidemic.

We wish to thank our Portage County voters who have shown tremendous support of our local levies that provide most of the financial support for services. We also want to acknowledge all family members whose support and caring for their loved ones often is the greatest influence in their recovery. Together our efforts in recognizing mental health and addiction problems as a community health issue and sharing our resources make the difference in how we help each other.

A handwritten signature in blue ink that reads "Joel Mowrey, Ph.D.".

Joel Mowrey, PhD, Executive Director



HIGHLIGHTS

2017

With the drug epidemic reaching all throughout Portage County, the Board led the formation of the Portage Substance Abuse Community Coalition. The Coalition unifies stakeholders to coordinate strategies that will lead to meaningful outcomes; especially fewer deaths, decrease in people becoming addicted, fewer children being removed from their homes, and decrease in crime and incarceration. A priority of the Coalition is to address stigma surrounding addiction and viewing it as a medical rather than a legal or moral issue.

This past year, the Coalition has worked collaboratively to apply for grant opportunities to secure funds to increase the availability of medication assisted treatment, recovery housing, local medical withdrawal management services, and peer supporter specialists. We advocated about national, state and local issues that affect health care, including regular contacts with elected officials about the need to continue Medicaid expansion.

The group distributed disposal pouches and dispersed information about our local drug disposal boxes to all the local pharmacies, held community drug awareness events, and increased the drug prevention efforts with education in the schools.

With the goal of raising awareness of available resources and connecting people to treatment and support, the Board established an addiction helpline for Portage County through Townhall II. Individuals calling will be assessed for referral to area detoxification centers, local residential treatment facilities, outpatient individual and group counseling, medication assisted treatment, and support group meetings. Residents can call 330.678.3006, open 24 hours everyday

In an effort to overcome the stigma associated with mental illness, area resident David Stump wrote a song and produced a video with a message of inclusion for those afflicted with mental illness. The song, "Fighting the Stigma" was entered into the Out of the Shadows statewide campaign sponsored by the National Alliance on Mental Illness Ohio. His creation helped Portage County's NAMI win a grant. The video was produced by the Board, the Margaret Clark Morgan Foundation, and Coleman Professional Services.

The Prevention Committee of the Portage Substance Abuse Community Coalition created several drug prevention videos aimed for teens with tips on how to refuse drugs and alcohol. The videos were shared on social media and partner websites.



The Coalition Conference featured speakers on medication assisted treatment and trauma & addiction (above) Medication disposal pouch distribution in the community (below)



Flyers with the prevention tips were also distributed at pizza shops throughout the county.

Community members learned how to help others experiencing a mental health or substance use problem and became trained in Mental Health First Aid with Coleman Professional Services. The popular program will continue being offered to the public next year.

Tips for Teens

Stay safe & drug free!

Nah.

Nuh-uh.

No way. 😞

Make your parents the bad guys.

Tell friends that your parents will ground you or take away your phone if you are caught drinking or using drugs.

Learn more: www.mental-health-recovery.org



Drug prevention video (above)
Substance Abuse Community Coalition
community leaders (left)
Project DAWN training (below)



Crisis Intervention Team class of 2017 (above)
Mental Health First Aid community class (right)



Struggling with Addiction?

ADDICTION HELPLINE
for Portage County

330.678.3006

Contact the Addiction Helpline at Townhall II for community information, support, and connection to services anytime, day or night.

ANNUAL REPORT

FISCAL YEAR 2016-2017



BOARD OF DIRECTORS

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HELPING PORTAGE CHILDREN & ADULTS

470 children and teens received treatment for trauma, emotional problems, mental illness and substance use disorders.

1953 adults received treatment for trauma, emotional problems, mental illness and substance use disorders.

27,741 contacts with people through the 24-HR crisis calls, information and referral calls, incidents of walk-in counseling, crisis outreach and screening for hospitalization.

151 adults were served in the Coleman Crisis Stabilization Unit.

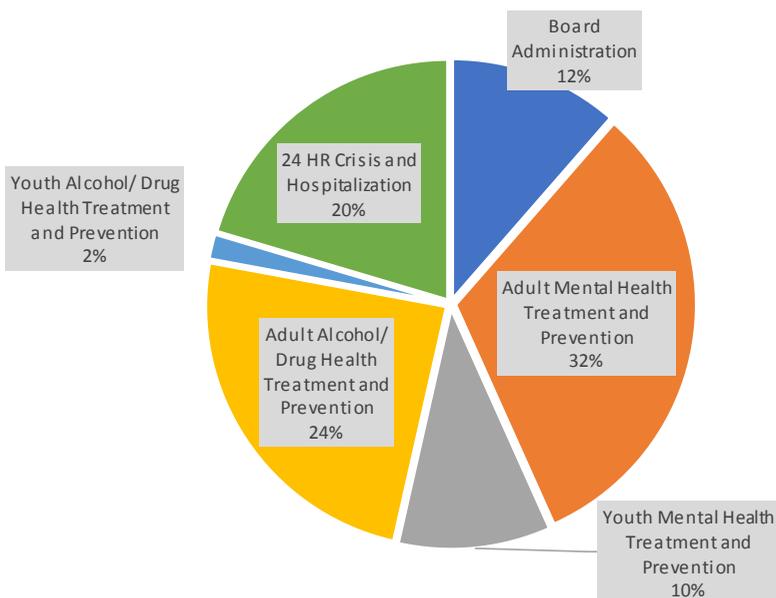
5188 youth and adults participated in prevention education programs.

716 students identified at risk and screened in all Portage County School Districts through a program funded by the Board. 33% were identified as having mental health issues requiring therapy and/or psychiatry services.

NETWORK OF AGENCIES:

Children's Advantage
Coleman Professional Services
Family & Community Services
Townhall II

Total Expenditures for FY 2017 = \$6,442,751



Revenue Sources for FY 2017
Total Revenue = \$6,483,867

