



*The RESOURCE • December 2023*

*A publication to increase awareness of mental health and substance use disorder issues in our community.*

## **Thank You Portage County!**

Thank you to the residents of Portage County for your support of the Mental Health & Recovery Board levy! We are pleased that it passed and we are able to continue to provide quality, affordable treatment services to the residents of Portage County.

## **Crisis Intervention Team Awards**

The Mental Health & Recovery Board is proud to announce the Crisis Intervention Team honors for 2023 awarded by the Portage County Police Chief's Association. Ptl. Matthew Meyers and Ptl. Brad McDougal, Ravenna Police Department were named Officer of the Year; Ofc Josh Bartholomew, Streetsboro Police Department and Tucker and Ptl. Steve Lincoln, Ravenna Police Department were named CIT Champions of the Year; and Ami Bowery was named Dispatcher of the Year.

“We are extremely proud of all of the officers and the dispatcher who are being honored this year,” stated John Garrity, PhD, executive director of the Mental Health & Recovery Board of Portage County. “They each have employed the tools they learned during their crisis intervention team training to keep themselves and people with mental illnesses safe in unpredictable situations.”

This past August, Patrolmen Matthew Meyers and Brad McDougal successfully de-escalated a man who was feeling suicidal. The partners responded to a call where a man had barricaded himself inside of his small apartment and was holding a large knife to his neck. It was reported the man overdosed on a bottle of medication and wanted to die. Making the situation extra dire was the fact that his girlfriend was also inside the apartment with him and was unable to safely exit.

Ptl. Meyers and Ptl. McDougal used the skills learned during their CIT training. They were able to gain his trust and eventually talk him into dropping the knife and opening the door. He was then taken to the hospital for treatment.

Officer Josh Bartholomew was named CIT Champion of the Year from the Streetsboro Police Department. Ofc. Bartholomew received this honor for his unwavering commitment and a deep understanding of the principles taught during his CIT training. As the CIT Coordinator for Portage County, Bartholomew educates officers around the county to promote mental health awareness, crisis de-escalation techniques, and community engagement. His actions have had a positive impact on members of the community as well as within Streetsboro's Police department as he provides additional resources, ideas, and assistance.

Tucker, an Australian labradoodle therapy dog, and his handler, Patrolman Steve Lincoln were named CIT Champion of the Year for the Ravenna Police Department. Tucker joined the department as a pup in the summer of 2022, and in 2023 he and Ofc Lincoln have defused many incidents by their presence and from the CIT training class they took through the Mental Health & Recovery Board in the fall of 2022.

Tucker helps to calm students when he goes to work in the Ravenna City School District. He also helps adults. One of the incidents mentioned was when a woman was upset and did not want to leave her house and go on the ambulance for needed care. Ptl. Lincoln asked the woman if she liked dogs. He told her if she would agree to go on the paramedic's stretcher, then she would be able to pet Tucker. The woman complied, and Lincoln and Tucker then accompanied her to the emergency room. After spending time with Tucker, the woman's spirits became more positive, so by the time the hospital staff came to treat her, Tucker and Lincoln were able to leave her in good hands.

The Dispatcher of the Year award was given to Ami Bowery. In January of 2023 Ami took a 911 call from a woman at Sheetz who was suicidal. Ami spent over 4 minutes on the phone with the caller. She was empathetic and created a line of conversation with the caller to put her at ease. Ami obtained all necessary information for responder safety, all while assuring the distressed woman that everything would be okay.

Congratulations to all the award recipients and thank you for your continued service.



1) Ravenna Police Department: Ptl. Matthew Myers, Ami Bowery, Ptl. Brad McDougal, Ptl. Steve Lincoln, Tucker, and Captain Smallwood. 2) Streetsboro Police Department: Chief Patricia Wain and Ofc. Josh Bartholomew

## **Chief Mosley Joins the Board of Directors**



In 2023, Chief Roy Mosley was sworn in as a new member of the Mental Health & Recovery Board of Portage County, appointed by the Portage County Commissioners.

Chief Mosley has 30 years of law enforcement experience in Portage County. He served with the Streetsboro Police Department from 1995-2015, with the last four years as Chief of Police and is currently Chief of Police with the Brimfield Police Department since 2015.

“The catalyst for serving on the Mental Health & Recovery Board was my initial exposure to the Crisis Intervention Training (CIT) Program for law enforcement here in Portage County,” Mosley explained. “Having seen firsthand the valuable role of the various service providers here in our county and the critical services they provide, the opportunity to serve on the MHRB just made sense.”

"Chief Mosley has been a strong advocate for CIT in Portage County and for people with mental health issues. He also brings a professional knowledge of law and government. We welcome him to the Board of Directors," stated John Garrity, PhD, executive director of the Mental Health & Recovery Board of Portage County.

Chief Mosley resides in Brimfield Township with his wife and two children.

The volunteer Board of Directors has the legal responsibility and authority for the planning, funding and monitoring of community mental health and alcohol and other addiction treatment services in Portage County delivered through its network of provider agencies. Under Ohio law, the Mental Health & Recovery Board of Portage County is one of 50 Boards coordinating the public behavioral health system in Ohio.

## Overwhelmed by the holidays?

Take a moment to check in on yourself with an  
online mental health screening:  
[www.mental-health-recovery.org](http://www.mental-health-recovery.org)

**We're here for you!**  
**Call or Text**  
**988**



**MENTAL HEALTH & RECOVERY BOARD OF PORTAGE COUNTY**  
155 E. Main Street, Kent, OH 44240  
[www.mental-health-recovery.org](http://www.mental-health-recovery.org)

# REFERRAL & INFORMATION

## Mental Health & Addiction Treatment Services in Portage County

### **Mental Health Emergency**

Coleman Access - 24HR

330.296.3555

Walk-in evaluation & hospital prescreening:

3922 Lovers Lane, Ravenna

### **Crisis Helpline**

Townhall II - 24HR phone

330.678.4357 (HELP)

### **For Adults: Counseling & Psychiatry**

Coleman Health Services 330.673.1347

Family & Community Services 330.677.4124

### **For Children: Counseling & Psychiatry**

Children's Advantage 330.296.5552

Coleman Health Services 330.673.1347

Family & Community Services 330.677.4124

### **Drug/Alcohol Abuse Treatment**

Townhall II 330.678.3006

Family & Community Services 330.677.4124

Coleman Health Services 330.673.1347

### **Sexual/Physical Abuse, Neglect in Children**

Report Abuse & Neglect to:

CARES 24HR 330.296.2273

### **Rape or Sexual Assault, Victim Counseling**

Townhall II HELPLINE

24HR 330.678.4357 (HELP)

### **Domestic Violence Counseling**

Family & Community Services 330.677.4124

### **Domestic Violence Shelter**

Safer Futures Shelter

24HR 330.673.2500

**Suicide Attempt or Overdose: 911**

**Mental Health Crisis Call or Text: 988**

**Mental Health Emergency:**

**330.296.3555**

Suicide risk or threat

Need for psychiatric hospitalization evaluation

Paranoia, conversation or actions not based in reality

**Crisis Helpline**

**330.678.4357 (HELP)**

Suicide prevention & intervention

Rape crisis and sexual assault

Referrals for mental health & community services

**Addiction Helpline:**

**330.678.3006**

Detox & Medication Assisted Treatment

Assessment for drug/alcohol abuse

Referrals for residential treatment, recovery housing

The Mental Health & Recovery Board plans, funds, and monitors mental health and addiction prevention and treatment services for Portage County residents. For more information, contact 330.673.1756.

Community agencies providing services with Board funding:

- AxessPointe
- Children's Advantage
- Coleman Health Services
- Family & Community Services
- Hope Town
- Townhall II





# Addiction Resources

## Portage County

### Substance Use Disorder Treatment Providers & Recovery Housing

Each treatment agency serves adults beginning with an intake process where the individual receives a clinical evaluation and is prescribed a level of services based on assessment. Outpatient Services vary by provider and may include individual and group counseling, case management, and pharmacological services in addition to recovery support services.

#### Funded by Mental Health & Recovery Board of Portage County.

Medicaid and most insurances accepted, some services on a sliding fee schedule. Call each agency for specifics.

#### Townhall II • 330.678.3006

155 N. Water St, Kent

\*Outpatient services

\*Medication-Assisted Treatment

\*Resident treatment for women

\*Naloxone distribution

#### Family & Community Services • 330.677.4124

143 Gougler Ave, Kent

\*Outpatient services

\*Residential treatment for men

\*Recovery housing

#### Coleman Health Services • 330.673.1347

5982 Rhodes Rd, Kent

\*Outpatient services

\*Mental health, dual diagnosis

\*Medication-Assisted Treatment

#### AxessPointe • 330.673.1016

143 Gougler Ave, Kent

\*Outpatient services

\*Medication-Assisted Treatment

\*Naloxone distribution

\*HEP C testing & treatment

#### Children's Advantage • 330.296.5552

771 N. Freedom St, Ravenna

\*Adolescent treatment and diversion programs

#### Hope Town & Hope on Wheels • 234.430.9365

Windham

\*Recovery housing and transportation services

Medication-assisted treatment (MAT) is the use of medications with counseling and behavioral therapies for treatment.

#### Portage County Providers

##### Brightview • 330.583.5563

1951 OH-59, Kent

\*Outpatient services

\*Medication-Assisted Treatment (including methadone)

\*Naloxone distribution

##### Community Medical Services

Kent OTP • 330.790.5355

174 Currie Hall Pkwy, Ste A

\*Medication-Assisted Treatment (including methadone)

Recovery Health • 330.676-0313

174 Currie Hall Pkwy, Ste C

\*Medication-Assisted Treatment

##### NEOMED Health Care • 330.325-3202

4211 OH-44, Rootstown

\*Outpatient services

\*Medication-Assisted Treatment

\*Naloxone distribution

\*HEP C testing & treatment

##### MedMark • 330.552.4000

2500 OH-59, Ste 30, Kent

\*Outpatient services

\*Medication-Assisted Treatment (including methadone)

For a list of area AA meetings, local recovery groups, and other support groups, call Townhall II at 330.678.3006

### Detoxification

Detox is not treatment, rather it is the first step in an alcohol or drug rehabilitation program.

#### Recovery Works Portage • 330.577.5116

6847 N Chestnut, Ravenna

Portage residents can call Townhall II for a detox assessment and referrals. 330.678.3006

### Recovery Outreach & Supports

**Recovery Outreach** is an effort to help those who are struggling with any type of alcohol or drug concerns and connect them to local resources. A peer supporter and first responder will visit the individual and/or family. Call 330-678-3006.

**Addiction Helpline • 330-678-3006**

