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## Warning Signs of Addiction

**Addiction causes the addict to behave differently than in the past.  
Look for these following signs:**

- 1.** Loss of interest in hobbies, sports or other favorite activities
- 2.** School grades decline dramatically
- 3.** Difficult time concentrating on tasks
- 4.** Change in sleeping patterns, up all night or sleeping all day
- 5.** Withdrawn, depressed, tired, careless, or manipulative
- 6.** Hostile, disrespectful, untruthful, and uncooperative
- 7.** Relationships with family members and friends has deteriorated
- 8.** Money is missing in the household
- 9.** An increase in borrowing money from family members and friends
- 10.** Physical health decline, bloodshot eyes, bulging veins, runny nose
- 11.** Dramatic mood swings
- 12.** Missing prescription drugs, cold medicines, alcohol, aerosol containers
- 13.** Increased secrecy about possessions or activities
- 14.** Personal hygiene has deteriorated
- 15.** Dramatic weight loss
- 16.** Finding drug paraphernalia hidden in the home, including pipes, rolling papers, eye drops, butane lighters, soft drink containers made into pipes, hollowed out pens, foil in odd places
- 17.** Inhalant products, rags, computer duster, paint, nail polish, paper or plastic bags etc. hidden in the home
- 18.** Truancy and tardiness to school or a job
- 19.** Changes in fashion, hairstyle, use of breath mints, fascination with the drug culture
- 20.** Sudden changes in friends, numerous secretive calls
- 21.** Use of deodorant or incense in their room
- 22.** Physically abusive, aggressive, punching holes in walls, etc.
- 23.** Someone has told you that your child is using drugs
- 24.** Odd phone calls, sneaking out of the house, etc.

*From The Partnership for a Drug Free America website • [www.drugfree.org](http://www.drugfree.org)*